

PROGRAM STRUCTURE OF "CORRESPONDENCE COURSE"

1. The Acupressure Shodh, Prashikshan Evam Upchar Sansthan is conducting correspondence Courses in Acupressure Healing Sciences, which are as follows :

Name of Course	Short Name	Duration
Certificate in Acupressure Healing Science	CAHS - corr.	One semester of six months
Diploma in Acupressure Healing Science	DAHS - corr.	Two semesters, each of six months
Advance Diploma in Acupressure Healing Science	ADAHS - corr.	Four semesters, each of six months

2. **Sessions:** There will be two semesters every year and session will start twice a year – **January and July**. Accordingly, examinations will be held twice a year, i.e. in the month of June and December.

3. **Lateral Entry:** Fresh Students can take admission only in Certificate programme and they can take admission after clearing it, in further programmes. However, they will get benefit of semester cleared previously either from this Sansthan or from any other recognized University / Institution.

For example : If someone has cleared Certificate programme of one semester and wants to take admission in Diploma Programme, he will get benefit of one semester and he has to clear only second semester of Diploma Programme and accordingly in other Programmes too.

4. **Description of Correspondence Courses :**

(A) About Course :

S.No.	Program	No. of Paper	Semester	Theory Paper	Theory marks	Assignment Marks	Practical Marks	Project Marks	Total Marks
1	CAHS	3	1	3	300	50 × 3=150	50 × 3 = 150	-	600
2	DAHS	6	2	6	600	50 × 3=150	50 × 3 = 150	-	900
3	ADAHS	12	4	12	1200	50 × 6=300	50 × 6 = 300	100	1900

(B) Papers and Marks Allotment (for every paper in each semester) :

	Paper	Theory	Practical	Assignment	Total
1.	Basics of Human Body (BHB)	100	50	50	200
2.	Chinese Acupressure (CA)	100	50	50	200
3.	Ayurvedic Acupressure (AA)	100	50	50	200

Note :- In Semester-1 Paper names will be BHB-1-corr. CA-1-corr. AA-1-corr.
In Semester-2 Paper names will be BHB-2-corr. CA-2-corr. AA-2-corr.
In Semester-3 Paper names will be BHB-3-corr. CA-3-corr. AA-3-corr.
In Semester-4 Paper names will be BHB-4-corr. CA-4-corr. AA-4-corr.

(C) Teaching Time Table, Course Books and Class Schedule :

(C1) For Local / Outstation - Compact Class (7 hrs/day - 6 days)

(May be adjusted for outstation classes as per co-ordinator/students suitability, but 42 hrs schedule compulsory)

Paper	Theory hrs.	Practical hrs.	Total Hrs. (in 6 days)	Total hrs. (Each paper)
1. BHB	1½ hrs.	½ hr.	2 hrs.	(*6) 12 hrs.
2. CA	1½ hrs	1 hr.	2½ hrs.	(*6) 15 hrs.
3. AA	1½ hrs.	1 hr.	2½ hrs.	(*6) 15 hrs.
Total	4½ hrs.	2½ hrs.	7hrs/day	(*6) 42 hrs./sem

Note:- Every day - 7 hrs classes = 4½ hrs theory, 2½ hrs practical.

(In 6 days (one sem) = 42 hrs = 27 hrs theory, 15 hrs practical.)

Detailed Syllabus of Correspondence Course :

(a proposed schedule with 2 breaks of 15 min each i.e. 7:30 hrs/day.
(Topics 1 2 3 may be interchanged)

Note : Prescribed books of study will be supplied free of cost by the sansthan but the books given in the previous semester will not be given in the next semester. Replacement against prescribed books will not be permitted.

DAHS (Correspondence) Sem-2 (6 Days)

1. Basic of Human Body (BHB-2)	2. Chinese Acupressure (CA-2)	3. Ayurvedic Acupressure (AA-2)
1. Manav Sharir Vigyan - (Ch 6 to 10)	1. Treatise VII (Ch - 1, 4,5,6,7,8,9) (Fundamentals of TCM) 2. Single Point - 2 Reference Books : 1. Chinese Acupressure Handbook 1 2. Chinese Acupressure Handbook 2 3. Therapist Handbook	1. Charak- 1 (Page 1 to 200) Focus on six components Dravya, Guna, Karma, Ten Elements Case History 2. Charak - 3 (Only spine section) Reference Books : 1. Ayurvedic Acupressure Handbook 1, 2 & 3 2. Ayurvedic Acupressure Colour Vol-1

Sem - 2	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break
Day-1	BHB	Manav Sharir Vigyan (Pg 58-73) Ch-6 Circulatory System	Reports (C.S.)		CA	Treatise-VII Ch-1 (Pg 40,51,55) Ch-2 (Pg 71)			AA	Charak-1 (Pg 1-25)	Revi. of all Ayurvedic Meridian VM, LVM, HZM	
Day-2	BHB	Ch-7 Respiratory System (Pg 74-83) Ch-8 Excretory System (Pg 84-91)	Reports (R.S.,E.S)		CA	Treatise-VII Ch-4 (Pg 85-97)			AA	Charak-1 (Pg 26-99)	LHM, RLHM, Spm	
Day-3	BHB	Ch-9 Endocrine System (Pg 92-105)	Reports (Endo Sys.)		CA	Treatise-VII Ch-5 (Pg 98-112) Ch-6 (Pg 113-118)			AA	Charak-1 (Pg 100-150)	Opp. Flow of VM, LVM, RLVM	
Day-4	BHB	Ch-9 Endocrine System (Pg 105-118)	Reports (Endo Sys.)		CA	Treatise-VII Ch-7, 8, 9 (Pg 119-151)			AA	Charak-1 Case Histories (Pg 151-200)	Opp. Flow of LHM, RLHM, Spm	
Day-5	BHB	Ch-10 Reproductive System (Pg 119-131)	Reports (Reprod. Sys.)		CA	Treatise-VII Ch-9 (Pg 152-182)			AA	Charak-3 Spine Section (Pg 71-107)	Spm (OF) Chakra on Palm	
Day-6	BHB	Manav Sharir Vigyan Ch - 6 to 10 Revision	Reports (MRI, USG, X-Ray etc.)		CA	Single Point - Part 2			AA	Charak-3 Spine Section (Pg 108-141)	NCH (Fing. & Toes)	

Treatment Protocols on Byol Meridian